

Training Workshop on Premarital Counseling and Marriage Enrichment

Premarital counseling and marriage enrichment are important counseling methods to build strong and healthy marriages, much needed in our society where marriage and family problems are on the rise, ending in painful separations and divorces. The Prepare/Enrich program is designed for preventive and educational counseling with couples before problems with relationships become serious and irreversible. The training workshop will train people who are in the helping professions, including doctors, psychologists, marriage and family therapists, social workers, counselors, pastors and pastoral workers, teachers, counseling students and others, with prior training in counseling, to use the *Prepare/Enrich inventories* in assessing couple relationships accurately and comprehensively, and to use the detailed 15-page computer generated report in counseling.

Each trainee will receive a certificate of attendance with a counselor number that qualifies him or her to start using this useful tool in counseling with couples.

Workshop objectives:

1. To understand the theory and practice of premarital counseling and marriage enrichment.
2. To learn to use the Prepare/Enrich inventories in making assessment of couple relationships.
3. To learn to use the counselor report from Prepare/Enrich in counseling couple, either in premarital counseling or in marriage enrichment.

Format: lectures, role plays and group discussion

Language: Cantonese, supplemented by English (Manual is in English)

Venue: B5-309, City University of Hong Kong on **August 5, 12, 19**
(Venue on August 26 to be confirmed)

Registration Fee: HKD\$1,600 (**\$1,450** for “early bird” before 25 **July, 2008**, HKPCA members)
HKD\$1,300 for Student

It includes (i) 10 hours of lectures & training, (ii) a counselor manual complete with all the five inventories (Chinese and English), (iii) a free coupon for assessment of the first couple (worth HKD\$ 300.00), (iv) lecture notes and (v) an attendance certificate would be issued by *Life & Marriage Enrichment Limited* complete with a registered counselor number.

Trainers:

Dr. Simon Yiu Chuen Lee, since completing his graduate professional counseling training in 1985 at the University of British Columbia, Vancouver, Canada, has been working and teaching in the area of marriage and family counseling and pastoral ministry, both in Canada and in Hong Kong. He is now a professional individual, marriage and family therapist at Marriage and Child Guidance in Hong Kong, on a consultant basis. As a professor, for 12 years, Dr. Lee was involved in the training and supervision of counselors and doctor of ministry students. Dr. Lee is currently working at the Chinese University of Hong Kong with the Divinity School of Chung Chi College as Associate Director of Pastoral program. Dr. Lee is an Associate Fellow and Consultant Supervisor of Hong Kong Professional Counseling Association. He has authored or edited over 20 books in the area of family, counseling and spirituality. Dr. Lee is also a weekly columnist at Christian Times, as well as a regular columnist in Sing Tao Daily newspapers.

Dr. Benny Lam earned a Psy.D. degree in Addiction Study and Family Counseling, an MA in counseling psychology, and is also a licensed marriage and family therapist (LMFT). He has rich experience in leadership, organization, management, supervision, teaching, development and counseling, both in Hong Kong and United States. He is now the Treatment Coordinator of Caring Heart Centre in Hong Kong.

Training Workshop Outline:

Day 1 and 2	<ul style="list-style-type: none"> ▶ Overview of the training course ▶ Introducing Prepare/Enrich as a tool for assessment of couple relationship ▶ Overview of the 5 inventories for 5 different couple groups ▶ Introducing couple and family map ▶ Introducing administration Procedures
Day 3 and 4	<ul style="list-style-type: none"> ▶ Overview of computer report ▶ Training in organizing and giving feedback ▶ Demonstrations in couple therapy techniques using the report ▶ Introducing the use of inventories in group setting ▶ Follow-up and referrals

Registration

- ❖ Please complete the registration form below and mail it together with a cheque made payable to **The Hong Kong Professional Counselling Association Ltd.**
- ❖ Please make separate cheques for different workshops/ seminars
- ❖ You can make one cheque for several persons who join the same workshop but please fill in separate registration forms for different persons.
- ❖ Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- ❖ Receipts will be distributed on spot.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please do not staple the cheque with the registration form.

Premarital Counseling and Marriage Enrichment (August 5, 12, 19 and 26, 2008)

Name: (English) _____

(Chinese) _____ Membership no:
(if any) _____

\$1,300 for Student

\$1,450 for HKPCA Members
"Early Bird" registration (on or before 25 July, 2008)

\$1,600 for Non-members of HKPCA

Cheque no.: _____ Amount \$: _____

Bank: _____

Occupation: _____

Organization: _____

Mailing
Address: _____

Tel: _____ Fax: _____

Email: _____

Please mail to:

The Hong Kong Professional Counselling Association
c/o College of International Education, Hong Kong Baptist University (Shek Mun Campus),
8 On Muk Street, Shatin, N.T.



香港專業輔導協會

The Hong Kong Professional Counselling Association

Training Workshop on

Premarital Counseling and Marriage Enrichment (Using Prepare/Enrich)

Trainers:

Dr. Simon Yiu Chuen Lee

Individual, marriage and family therapist
Associate Fellow, Consultant Supervisor, HKPCA

Dr. Benny Lam

Licensed Marriage and Family Therapist (LMFT)

August 5, 12, 19 and 26, 2008

7:00 pm – 9:30 pm

B5-309, City University of Hong Kong

Co-organizer:

City University of Hong Kong

Division of Social Studies

Secretariat Address:

c/o College of International Education, Hong Kong Baptist University (Shek Mun Campus), 8, On Muk Street, Shatin, N.T.

Telephone : 2334 7172

Email : enquiry@hkpca.org.hk

Fax : 2356 1469

Website : www.hkpca.org.hk