

## Registration

- ❖ Please send the completed registration form together with a cheque payable to The Hong Kong Professional Counselling Association Ltd.
- ❖ All applications will be confirmed either by email or by fax. Receipts will be distributed on the day of workshop.
- ❖ All fees are non-refundable.
- ❖ Extra \$30 is required if attendance certificate is requested.

### Workshop on Marital Counselling and Emotional Focused Therapy

Name: (English) \_\_\_\_\_ (Chinese) \_\_\_\_\_

HKPCA member (membership no.) \_\_\_\_\_  non-member

Part I (21/6 & 28/6) \$ \_\_\_\_\_

Part I & II (21/6, 28/6 & 19/7) \$ \_\_\_\_\_

request attendance certificate \$30

Cheque no.: \_\_\_\_\_ Bank: \_\_\_\_\_

Amount paid: \_\_\_\_\_

Organisation/position: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Correspondence:

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c/o GH203, Department of Applied Social Sciences,  
The Hong Kong Polytechnic University  
Hung Hom  
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香港專業輔導協會

The Hong Kong Professional Counselling Association

### Workshop on Marital Counselling & Emotional Focused Therapy

**Speaker : Mrs. Maria Kong**

*Experienced clinical supervisor*

**Part I : 21 & 28 June 2003**

**Part II: 19 July 2003**

at

**GH201, Multi-purpose Hall  
The Hong Kong Polytechnic University**

**Co-organized by :  
Department of Applied Social Sciences  
The Hong Kong Polytechnic University**

## Workshop on Marital Counseling & Emotional Focused Therapy

Marital counselling relates to attachment, intimacy and communication in couple relationship. In this workshop, participants will be introduced to the current theories that inform therapeutic practice. The therapeutic assessment with reference to marital counselling as well as the selection of appropriate interventions will be explored.

### Workshop objectives :

1. To examine the factors which contribute to the intimacy in couple relationship.
2. To gain awareness of some of the dominant theories and approaches currently used in marital counselling.
3. To explore ways of thinking about and working with marital distress that foster hope, nurture compassion and inspire possibilities for change.

**Format :** mini lecture, role play, case study, group discussion

**Language :** Cantonese, supplemented by English

**Venue :** GH201, Department of Applied Social Sciences  
The Hong Kong Polytechnic University, Hung Hom

(Direction: GH201 is a room at podium level right next  
to  
Core G)

### Speaker: Mrs. Maria Kong, M.S.W.

Mrs. Maria Kong has been working in the field of Marriage Counselling, Family Counselling Family Life Education and Family Mediation for many years. She has rich experience in conducting training workshops on marriage counselling, family therapy, sex education and sex therapy. In 1988, she was one of pioneers in Family Mediation Service in Hong Kong. She is the first Supervisor of Family Mediation team in Hong Kong Centre for Marriage Advisory Council as well as a major trainer in Therapeutic Family Mediation. In 1997, she started Sex Therapy in the Family service field aimed to improve intimacy of couple.

### Workshop Outline :

Part I  21 & 28 June 9:30 - 12:30	<ul style="list-style-type: none"> <li>▪ Introduction</li> <li>▪ Effects of a secure attachment</li> <li>▪ Attachment theory &amp; intimacy development in couples</li> <li>▪ Dynamics and distress in couple relationships</li> <li>▪ Basic processes of marital therapy</li> <li>▪ Major theories &amp; approaches of marital counselling</li> </ul>
Part II  19 July 9:30 - 5:00	Major intervention in marital counselling: <ul style="list-style-type: none"> <li>▪ Gottman Intervention (John M. Gottman)</li> <li>▪ Emotionally Focused Marital Therapy (Susan M. Johnson)</li> </ul>

### Fees :

	Member	Non-member
Part I only	\$400	\$500
Discounted rate for Part I & II	\$680	\$850