

*Art* is an alternative medium for expression of inner thoughts and feelings; one's issues usually manifest themselves symptomatically in the art pieces. Through the creation process, catharsis of feelings, debriefing of traumatic experience, exploration of the ambivalence, gaining new insight and resolution of problems of oneself are seen.

**Workshop Outline:**

This workshop covers:

1. Arts as therapy, its rationale and the different art forms
2. Experiential exercise
3. How to use art therapeutically
4. Arts as a developmental and educational means

**Language:** Cantonese (supplemented by English)

**Format:** Lecture with Experiential Activities

**Date:** ~~24 July 2004~~ 21 August 2004

**Time:** 9:30am – 5:00pm (Lunch hour: 12:30pm – 2:00pm)

**Venue:** GH201, The Hong Kong Polytechnic University  
(G-core on the podium)

**Fee:** \$400 (member)    \$500 (non-member)    \$200 (Full-time student)  
Attendance certificate \$30

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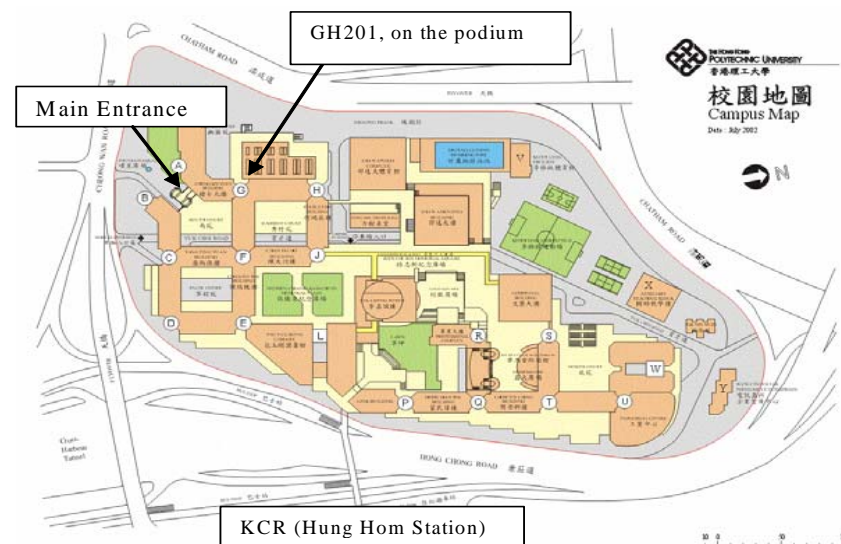
**Speaker: Ms. Eve Wong (黃慧蘭女士) Bsc, MSW**

Ms. Wong was graduated with honors in her Master of Social Work from the University of Hong Kong and has obtained a Professional Counseling Certificate in Satir Systemic Individual and Family Therapy and a Certificate in the Foundation of Art Therapy. She was the member of the consultation committee of Arts for Reintegration Therapy Project in Substance Abuse Assessment Unit at Kwai Chung Hospital.

She provides not only supervision for undergraduate and postgraduate social work placement students from HKU and CUHK, but also trainings for teachers, social workers, psychologists, nurses, paediatricians and allied health staff from different schools, hospitals and organizations.

This is the ninth year that Ms. Wong has been working for the Adolescent Medical Centre, Department of Paediatrics at Queen Elizabeth Hospital. She is currently using art and play as media to enhance the clinical social work with paediatric and adolescent patients individually, with their families and in groups.

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## Registration

- ❖ Please complete the registration form below and mail it together with a cheque made payable to **The Hong Kong Professional Counselling Association Ltd.**
- ❖ Please make separate cheques for different workshops/ seminars.
- ❖ Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- ❖ Receipts will be distributed on spot.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please pay **extra \$30** for attendance certificate requested.

### The Use of Arts with Children and Adolescents (21.08.2004)

Name: (English) \_\_\_\_\_

(Chinese) \_\_\_\_\_ Membership no:  
(if any) \_\_\_\_\_

Member \$400       Non-member \$500       Full-time Student \$200

request attendance certificate \$30

Cheque no.: \_\_\_\_\_ Amount \$: \_\_\_\_\_

Bank: \_\_\_\_\_

Occupation: \_\_\_\_\_

Organisation: \_\_\_\_\_

Mailing  
Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

### **Please mail to:**

The Hong Kong Professional Counselling Association  
c/o GH312, Dept of APSS, The Hong Kong Polytechnic University,  
Hung Hom, KLN.



香港專業輔導協會

The Hong Kong Professional Counselling Association

## When words are not enough - The Use of Arts with Children and Adolescents

**Speaker: Ms. Eve Wong** Bsc, MSW

21 August 2004 (Saturday)

~~24 July 2004 (Saturday)~~

9:30a.m. to 5:00p.m.

GH201, The Hong Kong Polytechnic University

*Co-organiser:*



Department of Applied Social Sciences  
The Hong Kong Polytechnic University

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