

Workshop on Marital Counseling & Emotional Focused Therapy

Marital counselling relates to attachment, intimacy and communication in couple relationship. In this workshop, participants will be introduced to the current theories that inform therapeutic practice. The therapeutic assessment with reference to marital counselling as well as the selection of appropriate interventions will be explored.

Workshop objectives :

1. To examine the factors which contribute to the intimacy in couple relationship.
2. To gain awareness of some of the dominant theories and approaches currently used in marital counselling.
3. To explore ways of thinking about and working with marital distress that foster hope, nurture compassion and inspire possibilities for change.

Format : mini lecture, role play, case study, group discussion

Language : Cantonese, supplemented by English

Venue : GH405, Department of Applied Social Sciences
The Hong Kong Polytechnic University, Hung Hom

Fees: Discounted rates for *HKPCA Members, Staff of Dept of APSS, PolyU* and *“Early Bird” registration before 7 May, 2005*. See below:

	HKPCA Member & Staff of Dept of APSS, PolyU	Non-member (Early Bird before 7 May)	Normal fees for Non-member
Day 1 or 2	\$400	450	\$500
Both dates	\$680	760	\$850

Speaker: Mrs. Maria Kong, M.S.W.

Mrs. Maria Kong has been working in the field of Marriage Counselling, Family Counselling Family Life Education and Family Mediation for many years. She has rich experience in conducting training workshops on marriage counselling, family therapy, sex education and sex therapy. In 1988, she was one of pioneers in Family Mediation Service in Hong Kong. She is the first Supervisor of Family Mediation team in Hong Kong Centre for Marriage Advisory Council as well as a major trainer in Therapeutic Family Mediation. In 1997, she started Sex Therapy in the Family service field aimed to improve intimacy of couple.

Workshop Outline:

You can join either date or both dates but it is recommended to take Day 1 before attending Day 2.

<p>Day 1</p> <p>28 May 2005 (Saturday)</p> <p>9:30am – 5:00pm</p>	<ul style="list-style-type: none"> • Introduction • Effects of a secure attachment • Attachment theory & intimacy development in couples • Dynamics and distress in couple relationships • Basic processes of marital therapy • Major theories & approaches of marital counselling
<p>Day 2</p> <p>4 June 2005 (Saturday)</p> <p>9:30am – 5:00pm</p>	<ul style="list-style-type: none"> • Major intervention in marital counselling: <ul style="list-style-type: none"> ▶ Gottman Intervention (John M. Gottman) ▶ Emotionally Focused Marital Therapy (Susan M. Johnson)

Registration

- ❖ Please complete the registration form below and mail it together with a cheque made payable to ***The Hong Kong Professional Counselling Association Ltd.***
- ❖ Please make separate cheques for different workshops/ seminars
- ❖ You can make one cheque for several persons who join the same workshop but please fill in separate registration forms for different persons.
- ❖ Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- ❖ Receipts will be distributed on spot.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please pay **extra \$30** for attendance certificate requested.

Marital Counselling (28 May & 4 June 2005)

	HKPCA Member & Staff of Dept of APSS, PolyU	Non-member (Early Bird before 7 May)	Normal fees for Non-member
<input type="checkbox"/> Day 1 or <input type="checkbox"/> Day 2	<input type="checkbox"/> \$400	<input type="checkbox"/> 450	<input type="checkbox"/> \$500
<input type="checkbox"/> Both dates	<input type="checkbox"/> \$680	<input type="checkbox"/> 760	<input type="checkbox"/> \$850
<input type="checkbox"/> request attendance certificate \$30	Total amount: \$		

Name: (English) _____

(Chinese) _____ Membership no:
(if any) _____

Occupation: _____

Organisation: _____

Mailing
Address: _____

Tel: _____ Fax: _____

Email: _____

Please mail to:

The Hong Kong Professional Counselling Association
c/o GH313, Dept of APSS, The Hong Kong Polytechnic University,
Hung Hom, KLN.



香港專業輔導協會

The Hong Kong Professional Counselling Association

Workshop on

Marital Counselling & Emotionally Focused Therapy

Speaker: Mrs. Maria Kong
(Experienced Clinical Supervisor)

Day 1 : 28 May 2005

Day 2 : 4 June 2005

Saturdays, 9:30a.m. to 5:00p.m.

GH405, The Hong Kong Polytechnic University

Co-organiser:



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The Hong Kong Polytechnic University

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