

Training Workshop on Premarital Counseling and Marriage Enrichment

Premarital counseling and marriage enrichment are important counseling methods to build strong and healthy marriages, much needed in our society where marriage and family problems are on the rise, ending in painful separations and divorces. The Prepare/Enrich program is designed for preventive and educational counseling with couples before problems with relationships become serious and irreversible. The training workshop will train people who are in the helping professions, including doctors, psychologists, marriage and family therapists, social workers, counselors, pastors and pastoral workers, teachers, counseling students and others, with prior training in counseling, to use the *Prepare/Enrich inventories* in assessing couple relationships accurately and comprehensively, and to use the detailed 15-page computer generated report in counseling.

Each trainee will receive a certificate of attendance with a counselor number that qualifies him or her to start using this useful tool in counseling with couples.

Workshop objectives:

1. To understand the theory and practice of premarital counseling and marriage enrichment.
2. To learn to use the Prepare/Enrich inventories in making assessment of couple relationships.
3. To learn to use the counselor report from Prepare/Enrich in counseling couple, either in premarital counseling or in marriage enrichment.

Format: lectures, role plays and group discussion

Language: Cantonese, supplemented by English (Manual is in English)

Venue: GH404, The Hong Kong Polytechnic University, Hung Hom

Registration Fee: HKD\$1,450 (**\$1,290** for “early bird” before **2 April, 2005**, HKPCA members & staff of APSS, PolyU)

It includes (i) 8 hours of lectures & training, (ii) a counselor manual complete with all the five inventories (Chinese and English), (iii) a free coupon for assessment of the first couple (worth HKD\$ 250.00), (iv) lecture notes and (v) an attendance certificate would be issued by *Life & Marriage Enrichment Limited* complete with a registered counselor number.

Trainers:

Prof. Dr. Simon Yiu Chuen Lee, since completing his graduate professional counseling training in 1985 at the University of British Columbia, Vancouver, Canada, has worked in the area of marriage and family counseling and ministry, both in Canada and in Hong Kong, as well as teaching in the area of counseling and psychotherapy. For the past 10 years he has been involved in the training and supervision of counseling trainees and has recently launched a professional post-degree Diploma in Marriage and Family Therapy Studies that meets the training course requirements for membership in The American Association for Marriage and Family Therapy (AAMFT). He is an Associate Fellow and Consultant Supervisor of HKPCA. He has authored over 11 books and is a regular columnist in 2 newspapers.

Mr. Timothy Kin-Che Ngai, PhD Candidate, is currently pursuing his PhD studies at the University of Hong Kong in the field of Marriage and Family Therapy. Mr. Ngai is a Clinical Member and Supervisor Candidate of American Association for Marriage and Family Therapy (AAMFT). He has over ten years of clinical experiences working with individuals and families in various settings including social services, universities, private practice and churches. He is presently a part-time Assistant Professor in Alliance Bible Seminary, and has been working with Prof. Simon Lee in setting up the Diploma programme in Marriage & Family Therapy Studies.

Training Workshop Outline:

<p>Day 1</p> <p>16 Apr 2005 (Saturday)</p> <p>2:00pm – 6:00pm</p>	<ul style="list-style-type: none"> ▶ Overview of the training course ▶ Introducing Prepare/Enrich as a tool for assessment of couple relationship ▶ Overview of the 5 inventories for 5 different couple groups ▶ Introducing couple and family map ▶ Introducing administration Procedures
<p>Day 2</p> <p>7 May 2005 (Saturday)</p> <p>2:00pm – 6:00pm</p>	<ul style="list-style-type: none"> ▶ Overview of computer report ▶ Training in organizing and giving feedback ▶ Demonstrations in couple therapy techniques using the report ▶ Introducing the use of inventories in group setting ▶ Follow-up and referrals

Registration

- ❖ Please complete the registration form below and mail it together with a cheque made payable to **The Hong Kong Professional Counselling Association Ltd.**
- ❖ Please make separate cheques for different workshops/ seminars
- ❖ You can make one cheque for several persons who join the same workshop but please fill in separate registration forms for different persons.
- ❖ Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- ❖ Receipts will be distributed on spot.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please do not staple the cheque with the registration form.

Premarital Counseling and Marriage Enrichment (16 Apr & 7 May 2005)

Name: (English) _____

(Chinese) _____ Membership no:
(if any) _____

\$1,290 for HKPCA Members / staff of Dept of APSS, PolyU /
"Early Bird" registration (on or before 2 April 2005)

\$1,450 for Non-members of HKPCA

Cheque no.: _____ Amount \$: _____

Bank: _____

Occupation: _____

Organisation: _____

Mailing
Address: _____

Tel: _____ Fax: _____

Email: _____

Please mail to:

The Hong Kong Professional Counselling Association
c/o GH313, Dept of APSS, The Hong Kong Polytechnic University,
Hung Hom, KLN.



香港專業輔導協會

The Hong Kong Professional Counselling Association

Training Workshop on Premarital Counseling and Marriage Enrichment

Trainers:

Prof. Dr. Simon Yiu Chuen Lee
Individual, marriage and family therapist
Associate Fellow, Consultant Supervisor, HKPCA

and

Mr. Timothy Kin-Che Ngai
PhD Candidate, AAMFT Clinical Member

Day 1: April 16, 2005

Day 2: May 7, 2005

Saturdays, 2:00 p.m. to 6:00 p.m.

Venue: GH404, The Hong Kong Polytechnic University

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Hung Hom, KLN

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