

**From defense mechanisms to contact modulation:  
Gestalt Therapy approach to resistance**

Gestalt Therapy approach to resistance and the five contact styles modulation will be discussed in the seminar. The five contact styles include Introjection, projection, deflection, retroreflection and confluence. The characteristics of these contact styles will be demonstrated together with possible ways of handling them

**Learning Outcomes:**

Upon completion of the training, participants are expected to:

1. Understand the key concepts of Gestalt Therapy approach to resistance and the five contact styles modulation
2. Understand of these contact styles through demonstration.

**Format:** Lecture, Case Analysis, Discussion,

**Language:** English

**Venue:** City University of Hong Kong,  
83 Tat Chee Avenue,  
P4302 (Academic Building)

**Medium of Instruction:** English

**Speaker:** Professor Cohen

Professor Cohen is a clinical psychologist who teaches at the School of Education at Bar-Ilan University, Israel. He is a member of the division of Clinical Psychology of the American Psychological Association. He was trained in Cognitive Therapy at the Beck Institute of Cognitive Therapy and a founding member of the Academy of Cognitive Therapy. He is a certified Gestalt Therapist and trainer and teacher of this approach and a Certified Hypnotherapist as well.

**Content Outline:**

<b>8<sup>th</sup> Dec 2007</b>	Title: From defense mechanisms to contact modulation: Gestalt Therapy approach to resistance
	In the presentation, Professor Cohen will discuss Gestalt Therapy approach to resistance and the five contact styles modulation: Introjection, projection, deflection, retroreflection and confluence. The characteristics of these contact styles will be demonstrated together with possible ways of handling them.

**Fees:**

HKPCA Member	Non-member
\$ 280	\$ 300

## Registration

- ❖ Please complete the registration form below and mail it together with a cheque made payable to ***The Hong Kong Professional Counselling Association Ltd.***
- ❖ Please make separate cheques for different workshops/ seminars
- ❖ You can make one cheque for several persons who join the same workshop but please fill in separate registration forms for different persons.
- ❖ Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- ❖ Receipts will be distributed on spot.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please pay **extra \$30** for attendance certificate requested.

### From defense mechanisms to contact modulation: Gestalt Therapy approach to resistance (8<sup>th</sup> Dec 2007)

	HKPCA Member	Non-member
<input type="checkbox"/> <b>Attend workshop</b>	<input type="checkbox"/> \$ 280	300
<b>Total amount \$</b>		

*request attendance certificate \$30*

Name : (English) : \_\_\_\_\_  
(Chinese)

Mailing : \_\_\_\_\_  
Address

Tel : \_\_\_\_\_ Fax: \_\_\_\_\_

Occupation : \_\_\_\_\_

Organization : \_\_\_\_\_

Email : \_\_\_\_\_

Membership no : \_\_\_\_\_  
(if any)

### **Please mail to:**

The Hong Kong Professional Counselling Association, c/o College of International Education, Hong Kong Baptist University (Shek Mun Campus), 8, On Muk Street, Shatin, N.T..



香港專業輔導協會

The Hong Kong Professional Counselling Association

## From defense mechanisms to contact modulation: Gestalt Therapy approach to resistance

Speaker: Professor Arie Cohen

Bar-Ilan University  
Faculty of Social Sciences  
School of Education  
Israel

<b>Date</b>	<b>:</b>	<b>8 December 2007</b> (Saturday)
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9:30a.m. to 12:20p.m.

*Co-organiser:*

**City University of Hong Kong**

Division of Social Studies

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