

Newsletter



香港專業輔導協會

The Hong Kong Professional Counselling Association

Since 1995



2018 Annual General Meeting (AGM)

第 23 屆會員周年大會

HKPCA is happy to extend my sincere invitation to have your presence at the coming AGM on **July 6th, 2018 (Friday)** where the Council would present reports and share progress and development of the Association in the past year. Details are as following:

Session	Details	In-charge	Time	Venue
Reception		HKPCA	6:00pm - 6:30pm	WLB 204, 2/F, Lam Woo International Conference Centre, Shaw Campus, Hong Kong Baptist University, 34 Renfrew Road, Kowloon Tong
Pre-AGM Sharing	Practice Wisdom in Counselling Adolescents with SEN and Their Families	Dr. Wong Wai Lan Eve 黃慧蘭博士	6:30pm - 7:15pm	
AGM	第 23 屆會員周年大會	Council of HKPCA	7:15pm - 8:00pm	浸會大學逸夫校園永隆銀行商學大樓二樓 204 (WLB 204)
Dinner	HKD 150/person (optional)	Members only	8:00pm	Bistro Bon, G/F, Dr. Ng Tor Tai International House, 32 Renfrew Road, Kowloon Tong

To enrol, http://bit.ly/AGM_2018 or scan the QR code above!

香港專業輔導協會 就「推行一校一社工」的立場聲明

本會支持政府增撥資源，加強小學的輔導服務，特別是增撥的資源不會影響現有小學全方位學生輔導服務資源的運用。就小學增撥資源落實「一校一社工」方面，本會有以下的聲明/建議：

- (1) 本會建議政府不單以「一校一社工」作為目標，而是以「一校一輔導員」加「一校一社工」為最終目標，使行之多年而具成效的小學輔導服務更趨完善。
- (2) 輔導員均為本會認可大學的碩士畢業生。本會亦有認可資格的「認證輔導師」，他/她們均具足夠的資歷擔任學校輔導工作。認證輔導師具有嚴謹的專業操守，並能夠提供專為個人、小組或家庭而設的輔導服務。
- (3) 輔導員/輔導師與社工宜以跨專業模式合作，發揮各自專長，為學童謀福祉。
- (4) 本會強烈要求社工及輔導員均為長設實職。
- (5) 除撥款聘請輔導員及社工外，為保障服務質素及水平，另需撥款予學校聘請專家為前線社工及輔導員提供督導工作。
- (6) 由政府相關部門成立督導小組，定期監督和檢討相關設施以確保資源充份利用，保障質素，學童福祉獲得保障。

上述聲明已於2018年3月27日放上本會的網頁

第三次「輕談淺聚」 -- 2018 年 4 月 13 日 (下午 7:00 - 9:00)



當晚的內容包括兩大部分：三個個案分組研習，以及短講 - “Career Facilitation”，共有約 40 多位會員參加。

不論是主持人或參加者，出席者都積極參與分享和討論。在三個同步進行的個案研習部分，輔導員把自身真實個案及迷思帶出，然後同組組員從多元及沒有批判的角度下研討，交流想法，氣氛熱烈而具啟發性，最後由前主席/輔導督導崔日雄博士淺談 “Career Facilitation”。

會員對這次活動的評價非常正面，認為內容豐富，討論氣氛非常熱烈，能集思廣益，獲益良多。本會已積極計劃定期舉辦更多不同主題的聚會。

以下是三位個案輔導員和兩位參加者的感受：

香氣與畫像

在短短的 90 分鐘個案研習中，我經歷了一個很特別的體驗：
房間內縈繞著真善美的香氣。
同伴們認真地聆聽、真誠的關注、真摯的關懷教人感動，
真實精準的分析為我帶來亮光，
美善的建議從良善的心靈發出。
柔和謙遜、尊重體諒、睿智和冷靜勾勒出一張張美好同行者的畫像。
能置身畫像之內，沐浴在愛的香氣之中，
為我帶來鼓舞，相信也為您帶來力量。
愛流動，不止息！

個案輔導員區懿萍

A Supportive and Insightful Evening

As a first-time comer bringing up case for study, I found the atmosphere open, warm and safe. During case study, fellow members helped me go deeper to the root issues/problems of my client, a lady with midlife crisis. Moreover, we explored a number of intervention approaches which might be more helpful to my client. As a result, I gained a lot of support and insights especially ways in which to strengthening the relationship with my client. I enjoyed and treasured the synergy of care and encouragements. I look forward to joining the next gathering in future.

Counsellor Wong Po Shan



My Heartfelt Thanks to “輕談淺聚@HKPCA”

It was a real precious interactive gathering.

Members of my discussion group were very enthusiastic and constructive to share their views on my practicum case. One of their inputs was particularly striking. They observed that my emotion was being dragged on my client's “6 Nos” - no work, no job, no money, no family, no living place, no non-drug use friends. As a result, my perceptions only focused on his ‘miserable situations’ and had ignored his strengths such as hard working, undemanding, generous to provide financial support to needy friends. Their views woke me up completely. I suddenly realized I had ignored the strengths and abilities of my client.

After the case study gathering, I reminded myself to re-explore with my client his ‘strengths’ and ‘abilities’. I was so touched to see his change of emotions from dull to cheerful and took the initiative to disclose his feelings.

Thanks again to every member of my group for their inspiring views.

Trainee Counsellor: Connie So

An Unforgettable and Valuable Professional Reunion

This gathering, including case study and a short presentation, was very fruitful and did enrich my spirit and skills on counselling and psychotherapy after graduated years ago.

There were 3 cases brought up by 3 counsellors in groups of 8 to 10 members each. I joined a case study involving a 40-year old lady who was struggling about balancing her jobs, family duties and couple relationship. Group member showed their support and shared the counsellor's lost in the first few sessions in sorting out her client's long list of presenting problems. Through a series of clarifying questions and answers, exploring client's priority concerns, redefining the immediate counselling goal (better understanding of her son's special needs and available supporting resources) with the client, the counsellor was aware of the issue of transference, loss of direction as well as the areas which she might have overlooked. Most of all, she found the specific goal for the coming sessions. This valuable 90-minute case study evoked my good memories of mutual enriching in group supervision back to the University ages.

The gathering ended with an inspiring talk by Professor Chui Yat-hung about Career Facilitation and its relations to schools and workplaces.

This 2-hour gathering helped me not only in sharpening my counselling skills but also updating the latest trend in our profession. Thank you very much to the HKPCA for organizing such a beneficial reunion. I appreciate the three members for bringing up their cases for study. I look forward to the next Chit Chat gathering soon.

Participant: Roland Yeung

A Rewarding Experience to a Green Counsellor

It was my first time attending the case study session organized by the HKPCA, I found it very rewarding indeed.

We split ourselves into 3 groups of 10 members. In each group, a counsellor presented a case he/she was currently handling. She did a great job in systematically providing us all the key information of the case. It was a very complicated family case, with each member's own emotional, behavioral and mental issues. During the study, each of us contributed our views on

- 1) conceptualizing the case,
- 2) identifying areas for further exploration,
- 3) exploring various intervention approaches etc.

More importantly, we could finally prioritize the key issues and possible interventions based on client's motivation and needs.

As a relatively new and inexperienced counsellor, I learned a lot from the case study. The 1.5-hour case study turned out to be very fruitful because group members were very knowledgeable and experienced. I felt like learning from around 10 peer supervisors at the same time! I really enjoyed this learning process and would highly recommend other HKPCA members to join the gathering in future.

Participant: Christine Liu

Upcoming Events 將舉辦的活動

Events	In-charge	Date	Time	Venue
輔導員: 整理中年, 走向人生下半場	關俊棠 神父/博士	6 月 17-18 日	1:30pm – 4:30pm	香港城市大學
敘事實踐初階課程	敘事輔導員、 督導及研究員 Ms. Angela TSUN 秦安琪女士	October 27 th , 2018 (Sat) – December 1 st , 2018 (Sat)	TBC	TBC

**For activities and enrolment details, please refer to “Upcoming Events” from website.

Introducing HKPCA to the City University of Hong Kong Current Counselling Students and Graduates -- 7 June, 2018 (7:00pm – 8:00pm)



Guest Speaker, Dr. Chui Yat Hung (Immediate Past President of HKPCA), conducted a seminar to introduce HKPCA for the City University of Hong Kong current counselling students and graduates. A total of 40 students and graduates participated. Dr. Chui has made a warm welcome to the audience and went through details about the association. Not only the participants learned more about counselling, they have also gained the newest information about HKPCA in this informative seminar!

The Journal of Counselling Profession is launched online!

HKPCA is pleased to announce that the 2018 Volume 1 Issue 1 of the Journal of Counselling Profession 專業輔導期刊 has been successfully published and uploaded in our website.

http://www.hkpc.org.hk/articles/2018_74023/

The online submission system is under construction and will be launched soon this mid-year. Stay tune!



Members' Login Function

Being our treasured member, you are strongly encouraged to update your personal particulars such as email, and postal address to us so we can keep in touch with you and you do not miss every single invitation, promotions or announcements from the association.

Please feel free to login at the official website Member's Login corner or LIKE and SHARE our official Facebook page.

<https://www.facebook.com/counsellingHK/>

Your every single input or participation is the motivation for the association to improve ahead in a better way!

Join or Renew
your membership

Continuous Benefits to HKPCA Members

- ✓ Professional Indemnity insurance semi-annual package
 - A tailored made semi-annual Professional Indemnity insurance package has been launched. Full Members or above grading members are invited to join. Promotion period starts from 1 April to 30 September 2018. Limit of liability ranges from HKD 8 million to HKD 16 million with special price of HKD 975 and HKD 1,250 only.
 - For more details, please visit <http://www.hkpca.org.hk/resources-centre/insurance/>
- ✓ Hong Kong Professional Teachers Union joint membership: to be announced soon in July 2018
- ✓ Free of charge regular gathering for all registered members



Free Download

- ☐ New membership mini booklet
- ☐ Code of Ethics
- ☐ Universal Membership application form (for general, professional new membership application or membership upgrade)
- ☐ Resources Guide: frequently used record template forms for Candidacy of Certified Counsellor
- ☐ Professional Indemnity Insurance coverage summary and application form 2017-2018
- ☐ Continuous Professional Development (i.e. CPD form) -- eligible for 2019 professional membership renewal use ONLY

FREE DOWNLOAD



Download link: <http://www.hkpca.org.hk/resources-centre/download-area/>

Activity Snapshots 活動剪影 (February - June 2018)



《敘事實踐初階課程》
由資深輔導督導秦安琪主講
(2月24日 - 4月6日 - 共24小時)

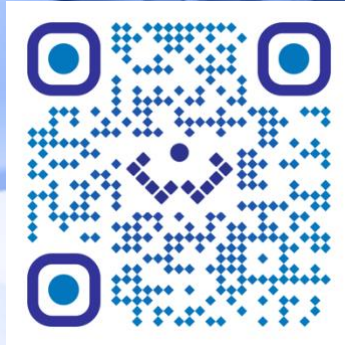


《佛法心靈輔導講座》
由釋衍空法師主講
(3月6日 - 共2小時)



《家庭個案研習工作坊》
由資深執業家庭治療師屈偉豪博士主講
(6月3日及10日 - 共6小時)





The Hong Kong Professional Counselling Association



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