

Eye Movement Desensitization and Reprocessing (EMDR) is a clinical treatment that involves elements from different therapeutic approaches with eye movements or other forms of stimulations which activate the information processing system of the brain. Over 1 million people worldwide were treated successfully. Case reports and controlled studies reported positive results with the use of this treatment.

Would you like to know more about the EMDR? Please come and join our seminar on 27 March 2004. The following programme is prepared for you.

**Programme:**

- Lecture on “EMDR and Its Use in Therapy: An Overview”  
(The lecture is supported by video demonstration)
- Panel – Practitioners sharing their application of EMDR treatment in Hong Kong
- EMDR Training and Certification (by Mrs. Carolyn Neunuebel)
- Q & A

**Language** : English (supplemented by Cantonese)

**Seats** : 100 persons

**Date** : 27 March 2004, Saturday

**Time** : 2:30 – 5:00pm

**Venue** : Rm. 310  
The Wing Lung Bank Building for Business Studies  
Renfrew Road  
Hong Kong Baptist University  
Kowloon Tong, Kowloon

**Fee** : \$150 (member)    \$180 (non-member)    \$75 (full-time student)  
*Attendance certificate: extra \$30*

**Speakers:**

*Co-chairmen, The EMDR Association of Hong Kong:*

**Mrs. Carolyn Neunuebel, MSED, RN, C.S.**

*Head, Hong Kong Psychological Practice*

Mrs. Carolyn Neunuebel is a registered nurse with a masters’ degree in Counseling and is a Clinical Specialist in adult psychiatric and mental health nursing. She has worked as a therapist for 17 years, 16 of those in Hong Kong in private practice. Her areas of specialty are trauma, PTSD, survivors of sexual abuse, as well as depression, anxiety, eating disorders and relationship problems. Completed EMDR training in Level II in 1995, she uses EMDR with 50% of her clients, of whom 20-30% are Asian. At present, she a member of EMDRIA – an international organization of EMDR practitioners and is currently being trained as an EMDR training facilitator. Carolyn has spent nearly 40 years in Asia and speaks Mandarin and basic Cantonese.

**Dr. Atara Sivan, Ph.D**

*Associate Head/ Associate Professor*

*Department of Education Studies*

*Hong Kong Baptist University*

Dr. Atara Sivan obtained her BA and MA in Education majoring in Youth Counselling in Israel and her PhD in Education at the University of Hong Kong. She worked as a youth counselor both in Israel and in USA. Her main areas of academic endeavor are youth leisure and mental health, teaching and learning approaches and methods and action research in education. Like Carolyn, she has completed Level I and II of EMDR and has been using it in her practice in Israel, Europe and Hong Kong. She has also been trained as a Gestalt Therapist (Certificate of Advance Level in Gestalt Therapy accredited by APA) in Gestalt Associates Training Los Angeles. Besides, Dr. Sivan is the 2002 recipient of the International Award for Innovative Excellence in Teaching, Learning and Technology and is now serving as the scientific advisor for the development education programmes for children and adolescents. Living in Hong Kong for the past 16 years, she speaks Mandarin and basic Cantonese.

## Registration

- ❖ Please fax the completed registration form to 2356-1469 to reserve a seat and then mail it together with a cheque made payable to **The Hong Kong Professional Counselling Association Ltd.**
- ❖ Please make separate cheques for different workshops/ seminars.
- ❖ Confirmation will be sent either by email or by fax one week before the function when payment is received.
- ❖ Receipts will be distributed on the day of the function.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please pay extra \$30 for attendance certificate requested.

Name: (English) \_\_\_\_\_  
(Chinese) \_\_\_\_\_ Membership no: \_\_\_\_\_  
(if any) \_\_\_\_\_  
Member \$150 Non-member \$180 Full-time Student \$75  
request attendance certificate \$30

Cheque no.: \_\_\_\_\_ Amount \$: \_\_\_\_\_

Bank: \_\_\_\_\_

Occupation: \_\_\_\_\_

Organisation: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Mail to :

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香港專業輔導協會

The Hong Kong Professional Counselling Association

Co-organisers



The EMDR Association  
of Hong Kong



Faculty of Social Sciences,  
Hong Kong Baptist University

Seminar on

## The Use of Eye Movement Desensitization and Reprocessing (EMDR) in Helping People

Speakers: Mrs. Carolyn Neunuebel, MSED, RN, C.S.  
Dr. Atara Sivan, Ph.D

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