



The EMDR Association of Hong Kong



The Hong Kong Professional
Counselling Association



Faculty of Social Sciences,
Hong Kong Baptist University

present

EMDR Training

The Eye Movement Desensitization Reprocessing (EMDR) is an integrative form of psychotherapy which contains elements from a wide range of approaches (e.g. dynamic, CBT, hypnosis, mind-body) in combination with bilateral stimulation (visual, tactile or auditory) thus bringing about an accelerated process of information that was dysfunctionally stored in the brain.

The workshop is composed of two and a half days. On the first half day (introductory lecture) the lecture focuses on the theoretical and research background of EMDR and on the outline of the eight phases of the EMDR protocol. The participants will also watch a video and go through a brief experience of the method.

The next two days will include lectures, videos, and demonstrations during the mornings, and small group clinical practicum in the afternoons where participants will go through the experience of being an EMDR therapist and client (participants will have to agree to participate in the practicum).

The lectures will include a full description of the eight phases of the EMDR protocol, and further information about the use of EMDR in different clinical situations.

During the practicum the large group will be divided into groups of nine participants each. Each group will have its own facilitator. All trainers and facilitators have been trained and accredited by the EMDR Institute.

After Level I, trained participants will be able to use EMDR with 80% of client issues. Level II is needed to deal with clients who may disassociate or have other more serious problems.

Trainers:

Our trainers are Dr. Gary Michael Quinn, M.D. and Dr. Ehud (Udi) Oren, Ph.D. from Israel, both of whom have done previous training for the EMDR Association of Hong Kong and have received high ratings from trainees.

Dr. Gary Michael Quinn, M.D.

Dr. Quinn, Chairman of Jerusalem Chapter of Israel EMDR Association, obtained his MD degree from the Albert Einstein College of Medicine of Yeshiva University in New York in 1976. He is a licensed practitioner in the USA and Israel and has the Board Certification in Psychiatry in both countries. As a psychiatrist as well as an originator and developer of crisis intervention service, he has given many speeches

and interviews on crisis intervention and EMDR since 1973 and has conducted several researches on crisis interventions. At present, Dr. Quinn is a co-director of a private general psychiatry clinic providing medication, individual and group psychotherapy, crisis intervention, family therapy, and hypnosis (since 1983) and also a co-director of Jerusalem Stress and Trauma Institute, a multi-disciplined institute studying and treating trauma specializing in use of EMDR (since 1996) in Israel.

Dr. Ehud (Udi) Oren, Ph.D.

Dr. Oren was graduated with distinction from Hebrew University in Israel in Psychology and International Relations in 1983 and obtained his Ph.D. in Clinical Psychology at Boston University in the USA in 1988. He is a licensed clinical psychologist in Massachusetts, USA and in Israel and also a licensed Senior (Supervisor) Medical Psychologist in Israel. In addition to his private practice as a Clinical and Medical Psychologist since 1991, Dr. Oren has taught at the universities in Israel as a lecturer and has taken various administrative positions. He is now the Regional Director of Mental Health Services, "Meuchedet" Sick Fund (HMO), Israel. He actively involves in the promotion of EMDR and is a Co-founder of the Israeli Chapter of the EMDR International Association, Co-founder and Co-chairman of EMDR-IS(rael) Non Profit Organization and a EMDR Institute Trainer leading basic and advance EMDR workshops in Israel, Turkey, Greece, Czech Republic, Hong Kong and Korea.

Pre-requisites:

Level I: Have professional level training in a mental health, medical, social work, counseling field, and 2-3 years of experience in one to one counseling. If you are doubted whether you are qualified, please contact Mrs. Carolyn Neunuebel, Co-chairman of the EMDR Association of Hong Kong at 28109600 or email: neunuebelc@netscape.net

Level II: Completed Level I and have experience in using EMDR in practice.

Training Dates:

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|----------|-----------|---------|------------|
| Level I | Sunday | June 20 | 3pm – 10pm |
| | Monday | June 21 | 9am – 6pm |
| | Tuesday | June 22 | 9am – 1pm |
| Level II | Wednesday | June 23 | 9am – 6pm |
| | Thursday | June 24 | 9am – 6pm |
| | Friday | June 25 | 9am – 1pm |

Venue:

Hong Kong Baptist University, Kowloon Tong (room number to be confirmed)

There will be guest house accommodations on campus at reasonable rates

Fees:

The EMDR training fees will be **HK\$3,500** for each level. Please send **HK\$500** with the registration form to reserve a place first.

Enquiry:

For general enquiry, you may contact Miss Michelle Lee, Executive Secretary, The Hong Kong Professional Counselling Association at 2334-7172 or by email: enquiry@hkpca.org.hk

For professional enquiry regarding the training and qualification, you may contact Mrs. Carolyn Neunuebel, Co-chairman, The EMDR Association of Hong Kong at 2810-9600 or by email: neunuebelc@netscape.net

Registration Deadline: 31 May 2004

Registration Form
EMDR Training – June 2004

- ❖ Please fill in the form below and fax it to Mrs. Carolyn Neunuebel at 2810-9555 first. Registration forms and cheques for this EMDR Training should be sent to “The EMDR Association of Hong Kong, 7a Duke Wellington House, 14-24 Wellington Street, Hong Kong, attention to Mrs. Carolyn Neunuebel.

- ❖ For this EMDR training, cheques should be made payable to ***“The EMDR Association of Hong Kong”***

- ❖ All fees are non-refundable in any circumstances after registration is confirmed.

Name : _____

Email : _____

Profession : _____

Organisation : _____

Tel no. : _____

Fax no. : _____

HKPCA membership no. (if applicable): _____

Please tick any of the following:

_____ I am interested in Level I training (June 20-22)

_____ I am interested in Level II training (June 23-25)

_____ I would like more information about the training

_____ I would like more information about the guest house

_____ I am sending a cheque of HK\$500 made payable to “The EMDR Association of Hong Kong” to reserve a place in the training.
Bank & Cheque no.: _____