

Workshop on

**Cognitive & Behavioural Treatment of  
Pathological Gamblers**

**Key Words:** Pathological gambling, Cognitive-behavioral therapy, Assessment, Treatment.

**Brief Content:**

The legalization of new forms of gambling is increasing in most countries around the world. This trend has created a situation in which more and more people will develop serious gambling problems, for which they will need to seek professional help. Pathological gambling was officially recognized in 1980 with the publication of the DSM-III (A.P.A., 1980). The focus will be on the empirical data supporting the use of a cognitive treatment and its efficacy. This workshop will describe and illustrate a clinical model for assessing and treating problem gamblers. The use of the downward arrow will be shown in order to identify a basic misconception toward gambling. Role-playing and clinical material suggested by participants will be used to illustrate how to conduct cognitive therapy and the role of behavioral interventions.

**You will learn:**

1. the basis of the psychology of gambling;
2. to identify the core misbelief in pathological gambling;
3. to modify the main cognitive errors;
4. to use and integrate the behavioral components

**Language:** English

**Venue :** The Hong Kong Polytechnic University, Hung Hom  
(Room no. TBA)

**Registration Fee:** HKD\$1,300 (**\$1,100** for “early bird” before  
**23 April, 2005**, HKPCA members & staff of  
APSS, PolyU). Full-time student: HK\$500

Speaker:

**Prof. Robert Ladouceur,**  
*School of Psychology,*  
*Laval University, Quebec Canada*

Robert Ladouceur, Ph.D., is a professor of psychology at Laval University in Quebec City, Canada. After his doctoral studies, he completed post-doctoral fellow at Temple University in Philadelphia, US and at Geneva University in Switzerland.

His work on gambling is internationally known. He was invited twice to present his work at the National Gambling Impact Study Commission, the presidential U.S. commission on gambling. In 1996, he received the Research Award from National Council on Problem Gambling, recognizing the high quality of his work. In 2003, he received the Senior Research Award, from the National Center for Responsible Gaming, Harvard University.

He presented his work in many Canadian provinces, American states and European countries such as Switzerland, France, Spain, Italy, Iceland, Norway, and Sweden. His cognitive treatment for pathological gamblers developed at Laval University is being used in many countries. He recently published a paper on Responsible Gambling, called the Reno Model, with Alex Blaszczynski, from University of Sydney, Australia and Howard Shaffer, from Harvard University.

During his academic career he has published 300 articles in peer review journals, presented over 400 papers and edited 6 books. His recent book entitled ‘Understanding and Treating Problem Gamblers’ was published in the U.S. and the U.K. by Wiley.

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***There is also a 1-day seminar on Gambling on 14 May 2005, Saturday***  
***Prof. Robert Ladouceur will be the key-note speaker accompanied by***  
***local speakers who are familiar with the local scene.***

## Registration

- ❖ Please complete the registration form below and mail it together with a cheque made payable to **The Hong Kong Professional Counselling Association Ltd.**
- ❖ Please make separate cheques for different workshops/ seminars
- ❖ You can make one cheque for several persons who join the same workshop but please fill in separate registration forms for different persons.
- ❖ Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- ❖ Receipts will be distributed on spot.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please do not staple the cheque with the registration form.

### CBT of Pathological Gamblers (12 & 13 May 2005)

Name: (English) \_\_\_\_\_

(Chinese) \_\_\_\_\_ Membership no:  
(if any) \_\_\_\_\_

- \$1,100** for HKPCA Members / staff of Dept of APSS, PolyU /  
"Early Bird" registration (on or before 23 April 2005)
- \$1,300** for Non-members of HKPCA       **\$500** Full-time student
- request attendance certificate \$30**      Total amount: \$ \_\_\_\_\_

Occupation: \_\_\_\_\_

Organisation: \_\_\_\_\_

Mailing Add: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

\*\* Lunch reservation at Chinese Restaurant on campus? **Yes/No**  
(Only seat reservation will be made for your convenience. Dishes will be ordered on spot and the bill will be shared equally.)

### ***Please mail to:***

The Hong Kong Professional Counselling Association  
c/o GH313, Dept of APSS, The Hong Kong Polytechnic University,  
Hung Hom, KLN.



香港專業輔導協會

The Hong Kong Professional Counselling Association

## Workshop on

# Cognitive and Behavioural Treatment of Pathological Gamblers

## Speaker:

**Prof. Robert Ladouceur**  
*School of Psychology,  
Laval University, Quebec Canada*

**12 & 13 May, 2005 (Thursday & Friday)**

**9:30 a.m. to 5:00 p.m.**

**Venue: The Hong Kong Polytechnic University  
(Room no. TBA)**

## *Co-organiser:*



Department of Applied Social Sciences  
The Hong Kong Polytechnic University

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