# Workshop on Experiencing Hypnosis

In recent years, the use of hypnosis has gained considerable respectability in both the medical and the psychological professions for the therapeutic role in the management of many disorders, both physical and psychological. On the other hand, damaging myths about hypnosis still prevail. It is vital to dispel those misunderstandings clouding the phenomenon of hypnosis.

## Workshop Objectives :

- 1. To obtain more understandings about hypnosis.
- 2. To learn the art of induction and suggestion in hypnosis.
- 3. To explore ways of self hypnosis achieving body-mind-spirit healing.

| <b>Format:</b> mini lecture, experiential exercises and discussion | Format: | mini lecture, | experiential | exercises | and | discussion |  |
|--|---------|---------------|--------------|-----------|-----|------------|--|
|--|---------|---------------|--------------|-----------|-----|------------|--|

Language: Cantonese, supplemented by English

Venue: Room 902, 9/F HKBU College of International Education, Hong Kong Baptist University (Shek Mun Campus), 8 On Muk Street, Shatin, N.T.

## Speaker: Dr. Kelvin Tang, PhD, MA (SW), BSW

Dr. Kelvin Tang is presently the Director of the Pulse Act Consulting Limited providing private-practiced services on Psychological Counselling and Hypnotherapy. He has been working in the field of Youth Counselling, Marriage Counselling, Crisis & Family Counselling, Social Work Education, Hypnotherapy and Hypnosis Education for many years. Being an Approved Hypnotherapy Instructor with the International Medical and Dental Hypnotherapy Association (USA), Kelvin has rich experience in conducting training workshops on hypnosis and hypnotherapy. He is one of the major trainers in Hypnosis Education as well as a pioneer in integrating psychotherapy skills and hypnotherapy techniques aiming to improve the body-mind-spirit healing in Hong Kong.

### Workshop Outline:

| 13 January<br>10:00 a.m<br>5:00 p.m. | <ul> <li>Historical development of hypnosis</li> <li>Myths and misconceptions about hypnosis</li> <li>Trance, conscious mind and subconscious mind</li> <li>Art of induction</li> <li>Art of suggestion</li> <li>Self healing through hypnosis</li> </ul> |
|--------------------------------------|---|
|--------------------------------------|---|

Fees:

| 1 ccs.       |            |
|--------------|------------|
| HKPCA Member | Non-member |
| \$680        | \$850      |

## Registration

- Please complete the registration form below and mail it together with a cheque made payable to <u>The Hong Kong Professional Counselling</u> <u>Association Ltd</u>.
- Please make separate cheques for different workshops/ seminars
- You can make one cheque for several persons who join the same workshop but please fill in separate registration forms for different persons.
- Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- Receipts will be distributed on spot.
- All fees are non-refundable in any circumstances after applications are accepted.
- ✤ Please pay extra \$30 for attendance certificate requested.

# Experiencing Hypnosis (13 January 2007)

|   | HKPCA Member     | Non-member |
|---|------------------|------------|
| Attend workshop                         | \$680            | \$850      |
| request attendance     certificate \$30 | Total amount: \$ |            |

| Name: (English)     |                            |
|---------------------|----------------------------|
| (Chinese)           | Membership no:<br>(if any) |
| Occupation:         |                            |
| Organisation:       |                            |
| Mailing<br>Address: |                            |
| Tel:                | Fax:                       |
| Email:              |                            |

#### Please mail to:

c/o College of International Education, Hong Kong Baptist University (Shek Mun Campus), 8, On Muk Street, Shatin, N.T..



Workshop on

# **Experiencing Hypnosis**

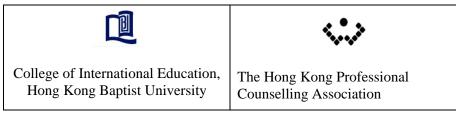
# Speaker: Dr. Kelvin Tang

# (Experienced in Psychological Counseling and Hypnotherapy)

Day : 13 January 2007

Saturday, 10:00a.m. to 5:00p.m.

## Co-organizers:



| Secretariat Address:  |                     |         |   |                      |
|---|---------------------|---------|---|----------------------|
| c/o College of International Education, Hong Kong Baptist University (Shek Mun Campus), |                     |         |   |                      |
| 8, On Muk St  | treet, Shatin, N.T. |         |   |                      |
| Telephone   | : 2334 7172         | Email   | : | enquiry@hkpca.org.hk |
| Fax   | : 2356 1469         | Website | : | www.hkpca.org.hk     |