

Workshop on Handling Adolescent Internet Addiction

In recent years, internet addiction has been a world-wide problem among adolescents. Many of them may sit in front of the computer to play on-line game; chat with others for the whole day with little resting. Those prolonged activities bring a lot of harmful effect to the adolescents both psychologically and physically. In this workshop, we would like to explore the cause of adolescent internet addiction, and gain ways to deal with the addictive behavior.

Workshop Objectives:

1. To understand adolescent's needs underlying their addictive behavior
2. To gain some strategies and skills to help the addictive students in the school context

Format : mini lecture, experiential exercises and discussion

Language : Cantonese, supplemented by English

Venue : c/o College of International Education, Hong Kong Baptist University (Shek Mun Campus), 8, On Muk Street, Shatin, N.T..

Speaker: Ms Chan Ki, MA (SW), BSW

Ms Chan Ki is presently visiting associate of the Hong Kong Polytechnic University. She is the Fieldwork Instructor of University of Hong Kong, providing supervision for the Master and degree level students. And, she is the Trainer of Sociology, Social Work and Psychology of HKU SPACE. She is also the Author & Chief Editor of book (「青少年憂鬱情緒理解與介入」 & Counselling Journal (「關情」輔導期刊))

She has been working in the field of Youth Counselling for many years. For examples, working with Street Gangs and Youth at-Risk, Need Assessment and Crisis Intervention, and Youth Suicide She develops Effective interventions and counselling skills on working with adolescent addictive behavior.

Ms. Chan Ki has rich experience in conducting counselling skill training workshops for primary and secondary school teachers. She developed training courses for teachers and conducted parent's education workshop.

Workshop Outline:

26 May	- Sharing experience of addiction
9:30 - 12:00	-What is addiction
	-Understanding adolescent internet world
	-Understanding adolescent's need from their addictive behavior
	-Ways to deal with their addictive behavior
	Skills to communicate with adolescent with internet addiction

Fees :

Student	HKPCA Member	Non-member
\$50	\$80	\$100

Registration

- ❖ Please complete the registration form below and mail it together with a cheque made payable to **The Hong Kong Professional Counselling Association Ltd.**
- ❖ Please make separate cheques for different workshops/ seminars
- ❖ You can make one cheque for several persons who join the same workshop but please fill in separate registration forms for different persons.
- ❖ Confirmation will be sent either by email or by fax one week before the date of event after payment being received.
- ❖ Receipts will be distributed on spot.
- ❖ All fees are non-refundable in any circumstances after applications are accepted.
- ❖ Please pay **extra \$30** for attendance certificate requested.

Internet Addiction

(26 May 2007)

	Student	HKPCA Member	Non-member
<input type="checkbox"/> Attend workshop	<input type="checkbox"/> \$50	<input type="checkbox"/> \$80	<input type="checkbox"/> \$100
<input type="checkbox"/> request attendance certificate \$30	Total amount: \$		

Name: (English) _____

(Chinese) _____ Membership no:
(if any) _____

Occupation: _____

Organisation: _____

Mailing Address: _____

Tel: _____ Fax: _____

Email: _____

Please mail to:

The Hong Kong Professional Counselling Association, c/o College of International Education, Hong Kong Baptist University (Shek Mun Campus), 8, On Muk Street, Shatin, N.T..



香港專業輔導協會

The Hong Kong Professional Counselling Association

Workshop on

Handling Adolescent Internet Addiction

Speaker: Ms. Chan Ki

(Experienced Youth Counseling Worker)

Date	:	26 May 2007
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Saturday, 9:30a.m. to 12:00p.m.

Hong Kong Baptist University

Co-organiser:



College of International Education,
Hong Kong Baptist University

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