



香港專業輔導協會  
The Hong Kong Professional Counselling Association



HKPCA Pre-AGM Sharing

# Touch and Talk Therapy

*Speaker : Prof. Lam Man Ping*

*& Mr. Luk Ka Yin*

Touch and Talk Therapy (T&T) Pre-AGM Sharing

Speaker: Prof. Lam Man Ping & Mr. Luk Ka Yin

Only 60 seats Available

First come, first served

**Admission: HK\$50** (Free for HKPCA Member)

Enquiry: 2334 7172 Fax: 2356 1469 Email: enquiry@hkpca.org.hk

Website: www.hkpca.org.hk



### *Touch And Talk Therapy*

Touch and Talk Therapy is based on Humanistic Psychotherapy and Somatic Touch Therapy. It was initiated in 2003 by Professor Lam Man Ping, a counseling psychologist, and Mr. Luk Ka Yin, Calvin, a physiotherapist. It is a form of holistic and in-depth therapy taking care of body, mind and spirit. In Touch and Talk Therapy, two sophisticated therapists interact with the client simultaneously by employing psychotherapy and somatic touch therapy. The therapeutic effect enables active energy flow, which eventually lead to healthy function and holistic growth of the client.

### *Professor Lam Man Ping*

Professor Lam Man Ping is an honorary professor at the Chinese University of Hong Kong. She received her doctorate in counseling psychology from the University of Illinois, Urbana – Champaign, U.S.A. She is a counseling psychologist, founder of T&T Holistic Growth Centre, a pioneer in developing the counseling profession in Chinese community, and is the first fellow of HKPCA.

In addition to coordinating graduate programs in CUHK and Mainland China, she has conducted workshop and seminars in Hong Kong, Mainland China, United States, Canada, Taiwan, Macau, Malaysia, Singapore, Japan and India, with a special focus on counselor education and indigenous counseling. She also served as adjunct professor for nine universities in Mainland China and United States, and oversea consultants for various counseling centers in several Asian countries.

### *Mr. Luk Ka Yin, Calvin*

Mr. Luk is also a founder of T&T Holistic Growth Centre. He is a Registered Physiotherapist of Hong Kong and Australia. He possesses over 20 years of clinical experience. He was the Senior Physiotherapist in charge of an out-patient physiotherapy department in Hospital Authority before he founded the Holistic Growth Centre.

He specialized himself clinically in myofascial release, acupuncture therapy and somatic touch therapy. Recently he earned a Master degree in counseling from Monash University, Australia.