



香港專業輔導協會

The Hong Kong Professional Counselling Association

2015  
DEC

# Newsletter

## I. 20<sup>th</sup> Annual General Meeting Extracts

With the active support of HKPCA members and potential members, AGM 2015 was held in great success on August 13, 2015. We were honoured to invite Dr. C.K. LAW, associate professor, Department of Social Work & Social Administration, HKU and First Registrar of Social Worker Registration Board, to be our guest speaker to share with us his precious experience in “Professionalism and Certification in Counselling- from the Experience of Social Work Professional Development:”. A total of 78 members/potential members joined the meeting, with 84.42% attendant rate. A buffet dinner was held after the meeting providing a good chance for members to socialize and have more informal sharing.



1. A total of 8 master degree programs offered by 7 tertiary institutions in Hong Kong have been accredited. Among them, 6 programs offered by 5 institutions recently passed the three-year review (HKU, CUHK, PolyU, CityU, BU) with 1 program

(Bethel Bible Seminary) undergoing its final review. Vice President Dr. Annis FUNG had further elaborated the background and latest progress report.

2. A total of 8 motions were passed in the meeting and details are listed in our official website [www.hkpca.org.hk](http://www.hkpca.org.hk)
3. In order to further promote the counselling development in Hong Kong, a Professional Development/ Research committee will soon be formed to perform researches on related issues.
4. The President has reported an increase of general membership of below % compared with 2013:

|                                |      |
|--------------------------------|------|
| General Membership             | +2%  |
| Professional Membership        | +14% |
| Approved Counseling Supervisor | +27% |

### **Membership Statistics**

At the end of December 2014 compared with 2013 (net total), the membership distribution was as follows. 2015 statistics will be shared at next issue.

| <b>General Membership</b>      |                         |                         |
|--------------------------------|-------------------------|-------------------------|
|                                | <b>2014 (Net Total)</b> | <b>2013 (Net Total)</b> |
| Fellow                         | 20                      | 11                      |
| Associate Fellow               | 184                     | 184                     |
| Member                         | 481                     | 483                     |
| Junior Member                  | 50                      | 51                      |
| Student Member                 | 32                      | 30                      |
| Affiliate                      | 21                      | 13                      |
| <b>Total</b>                   | <b>788</b>              | <b>772</b>              |
| <b>Professional Membership</b> |                         |                         |
| Certified Counselor            | 81                      | 73                      |
| Candidate                      | 8                       | 5                       |
| <b>Total</b>                   | <b>89</b>               | <b>78</b>               |
| Approved Supervisor            | 85                      | 67                      |

## 5. Programme Committee Activity highlights:

In 2014-2015, the Association has offered 7 different professional trainings to our members.

| No. | Date/Time                                     | Name of program/workshop   | Venue  | Responsible person   |
|-----|---|--|--------|----------------------|
| 1   | July 5 , 2014 (Sat)<br>10:00am - 1:00pm       | 「音樂治療次體驗」工作坊   | Poly U | 馬學俊先生                |
| 2   | August 8 & 16, 2014 (Sat)<br>10:00am – 1:00pm | EFT Training   | Poly U | Mrs Selina Leung     |
| 3   | Jan 15 , 2015 (Thur)                          | A Mindfulness Approach to<br>Couple Therapy  | City U | Mr Rob Fisher        |
| 4   | Jan 15 – Nov, 2015                            | EFT for Individuals Theory and<br>Skill Training Course 2015                           | Poly U | Mrs Selina Leung     |
| 5   | Feb 28, 2015 (Sat)<br>10:00am – 1:00pm        | Introducing Positive<br>Psychotherapy and its<br>application in treating<br>depression | Poly U | Dr Au Cheung<br>Kong |
| 6   | March 9, 2015 (Mon)                           | 處理創傷: 從評估到治療   | Poly U | 臨床心理學家<br>姚穎詩小姐      |
| 7.  | April 22 – May 13, 2015                       | 輔導中的詮釋技巧   | Poly U | 屈偉豪博士                |

## II. Recent Workshops highlights:

### Introduction to Emotion-Focused (Individual) Therapy

A FULL DAY workshop has been successfully held on 24 October 2015 by Mrs. Selina Leung Ho Siu Man. The response was very satisfactory with 100% attendance rate.





### III. Upcoming workshop:



An upcoming Certified Training in Emotion Focused Therapy for Individual together with 16 group supervision and peer group practicum sessions will be introduced to members soon in November 2015. ***Grasp the chance to get early bird enrollment by 4 Dec 2015 and 2 person bulk enrollment to get maximum discount up to HKD 1,000 per person!!***

The Association has planned to offer different nature and level of programs to members in the coming year, such as:

- Emotional Focused Therapy
- Couple Therapy
- Narrative Therapy

### VI. Professional Indemnity Insurance for HKPCA members

At 2015 AGM we introduced the professional Indemnity insurance package offer for HKPCA active members. The package covers group insurance effective from 1 October 2015-30 September 2016. Details are posted in website and invitation letters were sent to active members with an information seminar held on 31 August 2015. Deadline of enrolment was 15 October 2015.

For further enquires or more details, please contact the agent Charterlloyd Insurance Broker Ltd. Dr. Mr. Raymond Chow directly at 2523 6350 or email to HKPCA at [enquiry@hkpca.org.hk](mailto:enquiry@hkpca.org.hk)

### V. Congratulations to 2 new Fellows endorsed in AGM 2015

1. Mr. CHAN Kai Nin Joseph 陳榮年先生
2. Dr. LEE Man Yuk Ching 李文玉清博士

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**Mr. CHAN Kai Nin Joseph 陳榮年先生**

**Brief introduction:** Being born and raised up by a secular education, Joseph's outlook on life was strongly influenced by religion and a mix of the Chinese and Western culture, mainly British. He has studied history, social work, business administration and education and worked in rehabilitation field in government, human resources management commerce, career counselling and student services in the tertiary sector. Career and life planning plus leadership and life skills in secondary and tertiary sectors are the foci of his professional engagement now in HK and the Mainland, with "developmental counselling" as pastime hobby! He firmly believes in indigenous application of Western concepts. Joseph still runs an active reading club.



Contact E-mail: [jchankn@gmail.com](mailto:jchankn@gmail.com)

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**Dr. LEE Man Yuk Ching 李文玉清博士**

**Brief introduction:** Man Yuk Ching got her Bachelor of Education and Doctor of Counselling Psychology from The Chinese University of Hong Kong. She also worked as an Assistant Professor in Department of Special Education and Counselling, the Hong Kong Institute of Education. She is now Fellow and Approved Supervisor of the Hong Kong Professional Counselling Association (HKPCA).



She started her teaching career as a secondary school teacher in earlier days, and then became a teacher educator, teaching courses related to school counselling. Besides teaching and research work, she also practiced continuously in personal and group counselling. She retired from the Hong Kong Institution of Education in the year 2012, and then started her private practice career, counselling adolescences and parents. She supervises counselling courses for graduate courses of different higher institutes.

Man Yuk Ching is devoted to providing supervision to post-graduate students who wish to apply the cert. counsellor of HKPCA, in the hope that the counsellors in Hong Kong can move to a more professional manner.

Contact E-mail: [drmanyc@gmail.com](mailto:drmanyc@gmail.com)

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## **HKPCA COUNCIL 2015-2016**

**President:** Dr. CHUI Yat Hung 崔日雄博士

**Vice- President:** Dr. FUNG Lai Chu, Annis 馮麗姝博士

**Immediate Past President:** Dr. CHAN Po On, Ella 陳寶安博士

**General Secretary:** Mr. IP Man Him, Jeffrey 葉文謙先生

**Hon Treasurer:** Mrs. CHAN CHEUNG Choi Wan, Vivien 陳張彩雲女士

**Chair, Membership & Professional Standards Committee:**

Dr. TAM Chung Ngok Isaac 譚中嶽博士

**Program Secretary:** Ms. NG Wai Ngan, Shirley 吳偉顏女士

**Chair, Publicity Committee:** Dr. WU Ka Yu, Florence 胡嘉如博士

**Members:** Dr. YIM Shui Wa, Jennifer 嚴穗華博士

Dr. CHEUNG Kam Hung, Rainbow 張錦紅博士

Mr. TANG Wai-hung 鄧惠雄先生

Prof. TSE Shu Ki, Samson 謝樹基教授

Dr. FUNG Suk Chun, Pat 馮淑珍博士

**Executive Secretary:** Ms. YUEN Kwun Chai, Cynthia 阮冠釵女士



*~The End~*

**Contact Us:**

*The Secretariat, HKPCA, c/o CUSCS, Inter-University Hall, The Chinese University of Hong Kong, Shatin, N.T. Hong Kong*

*Tel: 852- 2334 7172*

*email: [enquiry@hkpca.org.hk](mailto:enquiry@hkpca.org.hk)*

*website: [www.hkpca.org.hk](http://www.hkpca.org.hk)*